

Dinners £2.60 per day

Primary Menu St Marys

	Monday	Tuesday	Wednesday	Thursday	Friday
09/04/18 Week One	Chicken Curry & Rice with Naan Bread or Fish Fingers Peas, Gravy Mashed Potatoes Grapes & Shortbread	Homemade Pizza or Chicken Goujons Baked Beans/Broccoli Chips or mash Potato Jelly & Fruit or Yogurt	Roast Pork with Apple Sauce and Gravy, Stuffing Carrots & Parsnips Oven Roast and Mashed Potatoes Flake meal Biscuit	Spaghetti Bolognese or Steak Burger Carrots, Gravy mashed potatoes Frozen Mousse & Fruit	Fresh Fish in Crumbs Parsley Sauce or Chicken Crumble, Gravy Mixed Vegetables Mashed Potatoes Grapes, Flake meal Biscuit
16/04/18 Week Two	Grilled Bacon, Gravy Chicken Curry & Rice Cabbage Mashed Potatoes Ice-cream & Fruit	Oven Baked sausages Lasagna Nann Bread Mixed Salad/ coleslaw chips Mash Potato Fresh Pineapple, Yogurt	Roast Chicken/stuffing Gravy/Pasta Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes Frozen Yogurt, Fruit	Shepherd's Pie Chicken Nuggets Peas or mixed Salad Mashed Potatoes Shortbread & Fruit	Chicken Curry & Rice or Fish Fingers Baked Beans or Sweetcorn Mash Potato Rice Pot, Yogurt, Fruit
23/04/18 Week Three	Pasta Bolognese and Nann bread Or Steak Burger, Gravy Carrots and Mashed Potatoes Melon, Yogurt	Chicken Crumble, Gravy or Parsley Sauce Gammon, Cabbage or Mixed Vegetables Mashed Potatoes Jelly & Fruit	Chicken Stirfry or Roast Chicken Stuffing, Gravy Sweetcorn Mashed Potatoes Frozen Yogurt, Fruit	Fresh Fish or Macaroni Cheese Peas or Mixed Salad Chips or Mash Potato Potato Grapes/Yogurt	Irish Stew or homemade Pizza Sweetcorn or Broccoli Gravy, Pasta Mashed Potatoes Muffin & Fruit
30/03/18 Week Four	Homemade Vegetable Soup with, Burger & Bap Chicken Wrap Milk Shake Ice-cream & Choc Sauce, Fruit	Roast Turkey Stuffing, Gravy or Brown Stew Carrots & Parsnips Mashed Potatoes Flake-meal Biscuit, Fruit	Chicken Curry & Rice with Naan Bread or Fish Fingers Peas, Gravy Mashed Potatoes Frozen Mousse, Fruit	Savoury Mince or Homemade Pizza Cabbage or Baked Beans, Chips or Mashed Potatoes Melon, Yogurt	Chicken Lasagna or Oven Baked sausages Sweetcorn or Mixed Salad Garlic Potatoes or Pasta Date Square, Fruit

Milk & Water available daily

Bread & Fruit available daily

Menu subject to deliveries

If a child has an allergy, please contact the Principal/catering supervisor

school food

Try Something New today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

