

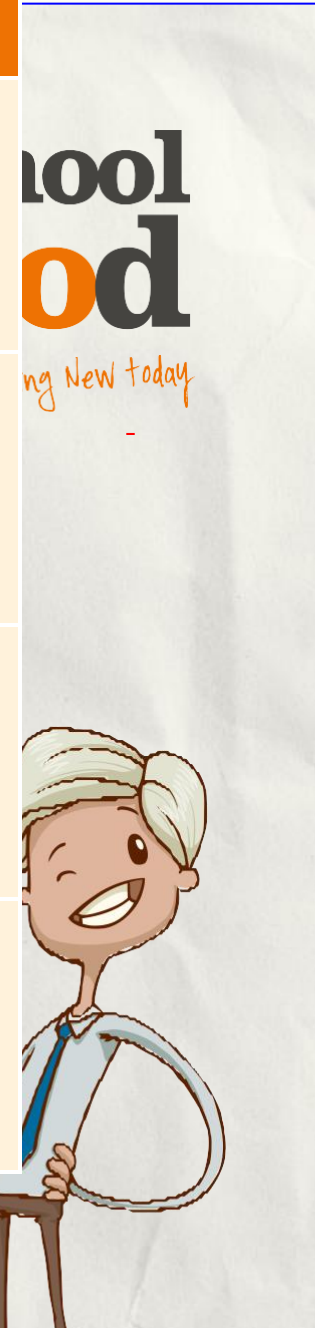
Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets, please contact the school in the first instance

Dinners £2.60 per day

Primary Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
03/09/18 Week One	<p>Chicken Curry & Brown Rice with Naan Bread or Chicken Goujons Peas, Gravy Mashed Potatoes</p> <p>Grapes & Shortbread</p>	<p>Homemade Cheese & Tomato or Pepperoni Pizza or Fish Fingers Baked Beans/Salad Chips or mash Potato</p> <p>Jelly & Fruit or Yoghurt</p>	<p>Spaghetti Bolognese or Steak Burger Carrots, Gravy Mashed Potatoes</p> <p>Melon/ Yoghurt</p>	<p>Roast Pork with Apple Sauce and Gravy, Stuffing Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes</p> <p>Frozen Mousse & Fruit</p>	<p>Fresh Fish in Crumbs Parsley Sauce or Chicken Crumble, Gravy Mixed Vegetables Mashed Potatoes</p> <p>Grapes, Flake meal Biscuit</p>
10/09/18 Week Two	<p>Grilled Bacon & Stuffing, Irish Stew Cabbage Mashed Potatoes</p> <p>Ice-cream & Fruit</p>	<p>Oven Baked sausages Lasagna & healthy Garlic Bread Mixed Salad/chips Mash Potato</p> <p>Fresh Pineapple, Yoghurt</p>	<p>Roast Chicken/stuffing Gravy/Pasta Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes</p> <p>Frozen Yoghurt, Fruit</p>	<p>Shepherd's Pie/Gravy Chicken Nuggets Peas or mixed Salad Mashed Potatoes</p> <p>Shortbread & Fruit</p>	<p>Chicken Curry & Rice or Fish Fingers Baked Beans Sweetcorn Mash Potato</p> <p>Rice Pot, Yoghurt, Fruit</p>
17/09/18 Week Three	<p>Pasta Bolognese and Healthy Garlic Bread Or Steak Burger, Gravy Carrots and Mashed Potatoes</p> <p>Melon, Yoghurt</p>	<p>Chicken Crumble, Gammon, Parsley Sce Cabbage or Mixed Vegetables Oven Roast & Mashed Potatoes</p> <p>Muffin & Fruit</p>	<p>Sweet & Sour Chicken with Rice or Roast Chicken Stuffing, Gravy Sweetcorn Mashed Potatoes</p> <p>Frozen Yoghurt, Fruit</p>	<p>Fresh Fish or Macaroni Cheese Peas or Mixed Salad Chips or Mash Potato</p> <p>Grapes, Yoghurt</p>	<p>Irish Stew or homemade Pizza Sweetcorn or Broccoli Gravy, Pasta Mashed Potatoes</p> <p>Cookie & Fruit</p>
24/09/18 Week Four	<p>Vegetable Soup with, Burger & Bap or Chicken or Salmon Wrap Ice-cream & Choc Sauce, Fruit</p>	<p>Roast Turkey Stuffing, Gravy or Macaroni Cheese Carrots & Parsnips Mashed Potatoes</p> <p>Flake-meal Biscuit, Fruit</p>	<p>Chicken Curry & Rice with Naan Bread or Fish Fingers Peas, Gravy Mashed Potatoes</p> <p>Frozen Mousse, Fruit</p>	<p>Grilled Bacon or Homemade Pizza Cabbage or Baked Beans, Chips or Mashed Potatoes Melon, Yoghurt</p>	<p>Chicken Lasagna or Oven Baked sausages Sweetcorn or Mixed Salad Garlic Potatoes or Pasta Date Square, Fruit</p>



Milk & Water available daily

Bread & Fruit available daily

Menu subject to deliveries

www.schoolfoodni.com

If a child has an allergy, please contact the Principal/catering supervisor