

## **Infection Prevention & Control Policy**

St. Mary's After-School Club promotes a healthy lifestyle and a high standard of hygiene in its day to day work with children. This is achieved in the following ways:-

### **HEALTH**

#### **Illness**

To prevent the spread of contagious diseases and infections such as measles, mumps, chicken pox, vomiting, diarrhoea, fevers etc

- Parents are requested to keep their child at home **or**
- If a child becomes ill during the session, the parent will be requested to collect their child.
- If a child needs urgent medical attention a doctor will be called or if necessary be taken to hospital, the parent/s will be contacted immediately.
- If a child requires medication parents must endeavour where possible to administer this at home **or**
- If required - staff will administer medication providing a Medical Permission Form is completed, signed, dated and clearly indicates dosage and instructions. All medicines must be clearly labelled with child's name. Dosage and time given will also be recorded on the Medical Permission Form. Only prescribed medication will be administered
- Staff are requested to take sick leave if ill, or become ill during working hours.
- Parents and staff must inform Naomi - The After-School Club Leader - if they are absent due to illness
- Parents will have the opportunity to discuss health issues with designated staff and will have access to information available.

#### **Hygiene**

To prevent the spread of contagious diseases and infections adults in St. Mary's After-School Club will ensure that the following good practises are adhered to:-

- Hands washed before snacks.
- Hands washed before the preparation of food.
- Both children's and adult's hands washed after toileting.
- Boxes of tissues are available in each room. Children are encouraged to shield their mouths when coughing.
- Staff must shield their mouths when coughing.

- All bins within the After-School Club must be emptied every day and disposed in the proper waste amenities.

### Accidents

In the event of an accident

- A member of staff who is trained shall administer first aid if so required.
- The child will be comforted and carefully monitored until collected by parents.
- The accident will be recorded and verified by other members of staff present.
- Parents will be notified and requested to read and sign the Accident/incident Form.
- The First Aid Box will be kept clean, replenished and replaced as necessary. Sterile items will be kept sealed in their packages until needed.

### Nutrition

We endeavour to ensure that all children while respecting their culture, have a well-balanced nutritious snack. To promote and extend the children's understanding of a healthy diet.

- Each child's dietary needs will be observed.
- Encouragement to eat fresh fruit and vegetables.
- Encouragement to eat a variety of food.
- Encouragement to drink whole milk.
- Discourage sweets, crisps, fizzy drinks, and fatty foods etc.

### Outdoor Play

Children will have the opportunity for outdoor play (weather permitting).

Outings will include:

- Play-time in the enclosed garden
- Playtime in the school playgrounds
- Nature walk

Our setting is registered with the local Environmental Health Department and implement all guidance relating to the storage, preparation etc of food within the premises. Staff have undertaken Basic Food Hygiene training.